Liz has worked with my knee a number of times over the past year and I am grateful to say that it is once again functioning as a knee should.” — Allison Ballard

“Liz is wonderful. She knows how the body works. Every time I have a session with her she helps me get my body back into balance.” —SandyGebhard

“It was the most gentle, soothing, relaxing and most of all rewarding experience that my body has had in some time. Thank you, Liz, for a most amazing session. I’m so happy this is what you do, as you are wonderful!”

— Sandy E’Bell